

## Public Skate Information

### Times:

Monday-Friday 12:00pm-2:30pm  
Tuesday Adult Night 6:45pm-8:00pm  
Friday Night 7:15pm-9:15pm  
Saturday 1:30pm-4:00pm  
Saturday Night 7:30pm-9:30pm  
Sunday 1:30pm-4:00pm

### Cost:

Admission \$16

Monday-Friday Daytime \$12.00

Adult Night Admission \$12

Friday Night Admission \$18 includes rental

Skate Rental \$6.00

Walker Rental \$8.00

\*Use your Passes from your  
Learn to Skate registration

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### Freestyle Ice Time:

Monday-Saturday

Please see our Freestyle Broacher for times  
and pricing.

All skaters that have passed Basic 6 may  
skate on a freestyle session without a coach  
for extra practice time.

### Contact

Lisa Sayers,  
Figure Skating Director  
Or  
Michelle Marella,  
Assistant Figure  
Skating Director

Phone: 561-217-5283

### Email:

Lisa@bocaice.com  
Michellem@bocaice.com

### Location:

900 Peninsula Corp Cir  
Boca Raton, Fl 33487



# Learn to Skate Program 2023



The curriculum offers something for everyone, beginning with the first steps on ice to the mastery of advanced techniques. This personalized approach allows skaters to progress at their own rate and advance after skill mastery is demonstrated.

Learn to Skate USA provides built-in incentives and encouragement to keep skaters motivated while they gain confidence and achieve their goals.





**Discover, Learn, & Play**  
**Snowplow 1-4**  
**Wednesday 4:15pm**  
**Thursday 5:45pm**  
**Saturday 12:45pm**

The Snowplow Sam levels are introductory classes divided into four progressive levels allowing children no prior skating experience to build confidence while learning basic skating skills. These classes are designed to help children 6 and younger develop the ABC's of movement: Agility, balance, coordination, and speed. The ABCs are essential for developing fundamental movement skills and physical literacy. All classes will be taught in a safe and positive environment, incorporating fun and games, making class time an enjoyable experience for all



**Fundamentals**  
**Basic 1-6**  
**Wednesday 4:15pm**  
**Thursday 5:45pm**  
**Saturday 12:45pm**

Basic Skills teaches the FUNdamentals of ice skating and provides the best foundation for figure skating, hockey and speed skating. Six progressive levels introduce forward and backward skating, stops, edges, crossovers and turns. Upon completion of the levels, skaters will be able to confidently advance to more specialized areas of skating. All classes will be well-structure and focus on proper skill development taught in a positive, FUN, and social environment. Skaters will progress at their own rate after mastery is demonstrated.



**Pricing:**  
**\$195 for 8 Weeks**  
**\$25 annual registration**  
 (expires June 30th)

**Includes: Skate rental and  
 4 public skating passes**

**Class is 30 minutes of instruction  
 and 10 minutes of practice time  
 after lesson**

**Helpful Information**

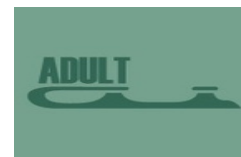
Please arrive 30 minutes before your scheduled class time

All snowplow classes and Basic 1 are required to wear a helmet (Helmet is not provided by Boca Ice)

Skates should be laced all the way up and tight starting from the toes

We recommend that you wear gloves, long pants, jacket/sweater and long socks

Parents are not allowed to sit in the player bench



**Beginner to Advanced**  
**Tuesday 6:00pm**

The Adult curriculum is designed for both beginning and experienced adult skaters who wish to improve their skating skill. Participation in the program will help promote physical fitness and improve balance and coordination while teaching proper skating techniques. This is an exciting program for people who look to skating as an enjoyable part of a fit and healthy lifestyle. From Basic skating to more advanced skills, adults skaters will progress at an individual rate while being challenged and motivated. Based on prior skating experience, adults may choose to begin the level that best matches their skill base.



**Session Dates:**

- Session 1: January 3-February 25
- Session 2: February 28- April 22
- Session 3: April 25- June 17
- Session 4: June 20- August 19
- \*(No Lessons week of July 4-8)
- Session 5: August 15- October 7
- Session 6: October 10-December 16
- \*(No lessons week of November 21-25)

All prorations and make-up classes must be approved by the Figure Skating Director in advance. Make up classes are limited to one per session due to illness.